

DARIEN NEW CANAAN

LIFESTYLE™



The Food Issue

OCTOBER 2025
CITYLIFESTYLE.COM

YOUR WEEKEND STARTS HERE

A well-spent weekend is all about the moments: meals that linger, conversations that connect, and places that feel both inspiring and inviting. As a restaurateur, I find joy not only in creating those experiences at Townhouse in Greenwich but also in discovering them throughout our local community. From Friday cocktails to Saturday indulgences to a relaxed Sunday reset, Fairfield County offers so many ways to savor the weekend. In this piece, I am sharing a few of my favorite spots that capture the same thoughtful energy and style I aim to bring to Townhouse. Here is where to go and what to enjoy, right here at home.

THE ULTIMATE GUIDE TO WHERE TO EAT, DRINK, AND GATHER WITH FRIENDS ALL WEEKEND—FROM FRIDAY NIGHT ENERGY TO SUNDAY CALM.

ARTICLE BY DANA CIFONE | PHOTOGRAPHY BY INGA



Townhouse

Dana Cifone

Townhouse in Greenwich, Connecticut, was always intended to be more than just a restaurant—it's a destination. My vision was to reimagine this historic two-story building into a space where every detail matters: layered textures, warm lighting, and a thoughtful flow between rooms. The result is a setting that feels both stylish and inviting, designed to bring people together for moments that are elevated yet effortless.

Townhouse offers experiences for every mood and time of day. Sunlit lunches on the patio, cocktails at the buzzing bar, chic Saturday brunches with friends, and vibrant dinners in one of our interior rooms; all capture a downtown energy. Whether you're celebrating, gathering, or simply treating yourself, Townhouse provides the perfect backdrop for connection.

While my heart is here, I also love stepping into the dining rooms of fellow restaurateurs—taking in their creativity, soaking up the energy, and appreciating the hospitality that defines our industry. Visiting other restaurants is not only inspiring, it's a way to celebrate our shared passion that brings us all to the table.

Follow along as I share a few local spots for your weekend at home, from Friday night cocktails to Saturday indulgences to a welcomed Sunday reset. townhousegreenwich.com | @townhousegreenwich

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Uncorked

Friday Night Buzz

South End Uncorked in New Canaan delivers a sophisticated yet approachable spot for Friday night drinks, blending expertly crafted cocktails with a warm, neighborhood atmosphere. Situated at 15 Elm Street, this contemporary speakeasy is the vision of Chef and Owner Nick Martschenko, celebrated for his culinary skill and dedication to quality.

The bar showcases a rotating menu of house-made cocktails, all crafted with fresh, locally sourced ingredients. Highlights include the Rose Sangria, a bright mix of strawberry, nectarine, and rosé, and an elevated Gin & Tonic featuring house-made quinine. For something truly distinctive, the Irish Root Beer—a smooth blend of Luxardo Amaretto and Left Hand Brewing Nitro Stout—offers an almond-infused twist.

Guests relax amid a cozy, stylish setting, with high-top tables and a sleek bar. Whether unwinding after a busy week or starting the weekend with friends, South End Uncorked strikes the perfect balance of energy and ease for a memorable Friday night. thesouthendgroup.com/uncorked [@southenduncorked](https://www.instagram.com/southenduncorked)



Restaurant L'Ostal

Saturday Night Indulgence

Restaurant L'Ostal is the perfect destination for a Saturday night that calls for something elevated, elegant, and unforgettable. Nestled in the heart of Darien, this intimate spot captures the soul of Southern France with a transportive blend of rustic charm and sophisticated design. The ambiance strikes just the right balance—romantic, refined, and effortlessly chic—ideal for settling into a leisurely evening of indulgence and connection.

At the helm is Chef Jared Sippel, whose extensive experience in Michelin-starred kitchens across Europe and the U.S. shines through in every detail. His approach is rooted in the traditions of Provence, Catalonia, Languedoc, and the Alps, infusing the menu with seasonal depth and regional authenticity. Each course is thoughtfully composed, showcasing refined technique and an inspiring sense of flavor.

L'Ostal's exceptional wine program—curated with French and Italian varietals—enhances the experience, while offerings like absinthe service and post-dinner digestifs add an extra layer of ritual and romance. Whether you're enjoying an intimate dinner in the softly lit dining room or sipping wine in La Cave, L'Ostal promises a Saturday night that feels both luxurious and deeply personal.

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Blackbird

Sunday Reset

Blackbird in downtown New Canaan offers a relaxed yet refined setting for Sunday brunch, making it the perfect spot to unwind and savor the weekend. Guests can enjoy a menu that blends global flavors with seasonal ingredients, all served in a chic, modern atmosphere. The restaurant's design creates an inviting space for both intimate gatherings and social brunches.

The brunch menu at Blackbird is a culinary journey, offering dishes inspired by various cuisines. While the specific offerings change seasonally, guests can expect inventive small plates perfect for sharing, complemented by a curated selection of craft cocktails, local beers, and an eclectic wine list. Whether you're in the mood for a classic brunch dish with a twist or a unique global flavor, Blackbird delivers.

With its inviting ambiance and creative menu, Blackbird provides a perfect setting for a laid-back yet elevated Sunday brunch. It's an ideal destination for those looking to enjoy delicious food and drinks in a stylish, relaxed environment. zhospitalitygroup.com/blackbird/home | [@blackbirdnewcanaan](https://www.instagram.com/blackbirdnewcanaan)